

Health and Social Care

Developing Skills to Make a
Lasting Impact



Prospectus
2025

South London College

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OUR COURSES

Level 2 Adult Social Care and Understanding Nutrition and Health (RQF) - Two Course Bundle
Level 2 Adult Social Care and Supporting Individuals with Learning Disabilities (RQF) - Two Course Bundle
Level 2 Adult Social Care and Understanding Autism (RQF) - Two Course Bundle
Level 2 Adult Social Care and Mental Health Awareness (RQF) - Two Course Bundle
Level 2 Adult Social Care and Awareness of End of Life Care (RQF) - Two Course Bundle

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Level 5 Diploma in Leadership for Health and Social Care and Children and Young People's Services (RQF)
Level 3 Certificate in Understanding the Principles of Dementia Care (RQF)
Level 3 Certificate in Understanding the Care and Management of Diabetes (RQF)
Level 3 Certificate in Understanding Autism (RQF)
ATHE Level 5 Extended Diploma in Health and Social Care (RQF)
ATHE Level 5 Diploma in Health and Social Care (RQF)
ATHE Level 7 Diploma in Healthcare Management (RQF)
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ATHE Level 3 Diploma in Health and Social Care (RQF)
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Level 3 Certificate in Understanding Mental Health (RQF)
Level 5 Diploma in Leadership and Management for Adult Care (RQF)
Level 4 Diploma in Adult Care (RQF)
Level 3 Certificate in Preparing to Work in Adult Social Care (RQF)
Level 3 Diploma in Counselling Skills (RQF)
Level 3 Diploma in Adult Care (RQF)
Level 3 Certificate in Health and Social Care (RQF)
Level 2 Certificate in Understanding Nutrition and Health (RQF)
Level 2 Certificate in Understanding Dignity and Safeguarding in Adult Health and Social Care (RQF)
Level 2 Certificate in Counselling Skills (RQF)
Level 3 Award in Counselling Skills and Theory (RQF)
Level 3 Award in Supporting Individuals with Learning Disabilities (RQF)
Level 2 Award in the Prevention and Control of Infection (RQF)
Level 2 Award in Food Safety in Health and Social Care and Early Years and Childcare Settings (RQF)
Level 2 Certificate in Understanding Safeguarding and Prevent (RQF)
Level 2 Certificate in Understanding Mental Health First Aid and Mental Health Advocacy in the Workplace (RQF)
Level 2 Award in Awareness of End of Life Care (RQF)

Level 3 Award in Awareness of Dementia (RQF)
Level 2 Certificate in Principles of Dementia Care (RQF)
Level 2 Award in Awareness of Dementia (RQF)
Level 3 Award in Health and Social Care (RQF)
Level 4 Certificate in Understanding Anatomy, Physiology and Pathology (RQF)
Level 3 Diploma in Healthcare Support Work (RQF)
Level 6 Diploma in Health Care and Nutritional Therapy (RQF)
Level 3 Certificate in the Principles of End of Life Care (RQF)
Level 5 Diploma in Assistant Healthcare Practitioner (RQF)
Level 3 Diploma in Healthcare Support (RQF)
Diploma in Disinfection Basics at QLS Level 3
Diploma in Counselling Skills at QLS Level 2



We are South London College

At South London College, we believe education should be accessible to everyone, regardless of age, background, or experience. Since 2012, we've been delivering top-quality 100% online and blended learning programmes, ensuring that higher education is within reach for all. Our qualifications, including Bachelor's degrees and Certificates of Higher Education, are awarded by leading awarding organisations in the United Kingdom. From the moment you enrol until completion, you will receive dedicated support from our Student Support Services, Customer Service Team, and Expert Tutors, all committed to helping you succeed. This commitment to excellence has earned us an impressive overall student satisfaction rating on TrustPilot. With more than a decade of experience at the forefront of online education, we are excited to support your learning journey. If you're ready to take the next step in your education, we're ready to welcome you!



Celebrating Over a Decade of Learning

In 2012, South London College was established with a mission to provide high-quality online education. Today, we are proud to support a diverse community of 4000 students from the UK and around the world. At the heart of our success is our unwavering commitment to an enriching learning experience.

Our innovative virtual learning environment is available 24/7, allowing students the flexibility to attend lectures and access course materials anytime, anywhere. This is further enhanced by the support of our expert tutors and dedicated student support team, focused on enabling students to achieve their fullest potential. With over 13 years of excellence in online education, we are excited for the future and committed to continuing our journey of innovation and student success. Learners can connect with peers, share insights, and develop valuable professional relationships through our discussion forums, virtual events including seminars and exam preparation sessions, and various projects.

Our diverse student body, spanning different cultures and industries, enriches the learning experience by bringing unique perspectives and global insights into every course. With a strong track record of excellence in online education, South London College continues to embrace innovation and evolve with the changing educational landscape. As we look to the future, we remain committed to expanding opportunities, enhancing our learning platforms, and empowering students worldwide to achieve their academic and career aspirations.

"In 2012, South London College was established with a mission to provide high-quality online education. Today, we are proud to support a diverse community of 4000 students from the UK and around the world. At the heart of our success is our unwavering commitment to an enriching learning experience."

Director - South London College



Your Ambitions

No matter where you are in life, there's always room for growth and new challenges. Whether you're looking to advance your career, step out of your comfort zone, or simply embrace a new learning experience, South London College is here to support you.

We take a unique approach to education. Studying with SLC is more than just earning a qualification, it's about transformation. Whether for personal or professional growth, we provide the skills, knowledge, and support you need to succeed from day one. Our goal is to help you unlock your potential, develop fresh ideas, and make a meaningful impact in the world.

We welcome learners from all walks of life. Whether you're balancing full-time work, raising a family, traveling the world, or exploring new opportunities in retirement, there's never been a better time to invest in yourself. Whatever your motivation for learning, we are here to help you achieve your ultimate goal.

Our Highlights

	Growing Portfolio of Courses
	Affordable Pricing with Payment Plans
	Highly Recognised UK Qualifications
	University Progression Pathways
	UCAS Points to Enrol at Universities
	Partnered with Accredited Awarding Bodies
	International Recognition by Global Universities
	Qualifications Align with UK RQF/NVQ Framework

Student Community

We don't look at who ticks the box but who is up for the challenge. Our student network includes over 4000 students and alumni from the UK and worldwide. Will you join our global community?

Driven

Earn your qualification by committing to an intellectual and driven culture.

Creative & Independent

Think outside the box and break boundaries.

Multi – taskers

Whatever the circumstances, make the best effort in your studies.

Collaborative

Share your ideas, opinions, thoughts, and engage on the South London College Forum.



Online Study Experience



Virtual Learning Platform

Every course is delivered via our online learning platform. It's available 24/7, so wherever you may be in the world and at whatever time, you can log in and access your study materials.

Assessments

Written assignments can be completed from the comfort of your home. All completed assignments are marked internally. You will receive constructive feedback and guidance from your personal tutor, which will support your learning and improvement.

Assessor Support

You will have support from assessors available via telephone, WhatsApp, online discussion forums, email, and web chats, ensuring you have access to help whenever you need it.

Exams

Expert exam preparation tips, techniques, and strategies to help you achieve success. Gain the skills and confidence to excel in your exams.

Student Support

Learning independently doesn't mean learning alone. Throughout your time at South London College, our various teams, tutors, and mentors will be ready to help from academic support to technical challenges.

Expert Instructor

Our tutors are experts in their field and will be happy to help with any academic queries and provide constructive feedback on your assignments.

Academic Advisor

You can request for a call with an academic advisor as soon as you enquire or apply to one of our courses. They will guide you through the entire process and will assist with any questions or practicalities.

Dedicated Mentor

You can also access a dedicated mentor or account manager appropriate to your chosen course. They will offer advice and guidance, ensuring you get the most out of your learning experience.

Technical Assistance

Our dedicated technical support team can assist you with any technical difficulties you may encounter during your studies.

South London College Benefits



Flexible Study Approach

Whether you have a full-time job, heavy travel schedule, or busy lifestyle, our online courses utilise cutting-edge technology to help you fit learning around your other commitments.

Affordable Education

We're committed to providing high-quality education at an affordable cost. Students can gain recognised qualifications without financial strain.

Quick Feedback

Throughout the course, we will provide feedback on submitted assignments. You will always have insight into how you're doing.

Finance Support

Financial assistance, including flexible instalment plans, is available to help you access the education you need.

Endorsed & Regulated By



Ofqual-regulated qualifications are overseen by the Office of Qualifications and Examinations Regulation (Ofqual) in England. Ofqual is England's main government-appointed regulatory body regulating school, college, and vocational qualifications in the UK.

Regulated Qualifications Framework (RQF) is a system used in England, Northern Ireland, and Wales and ensures qualifications are standardised, making it easier for learners, employers, and educational institutions to understand the value and level of each qualification.



ATHE is a global awarding organisation regulated by Ofqual and other UK and international regulators. ATHE offers a wide portfolio of vocationally orientated and internationally- recognised qualifications.



Quality Licence Scheme (QLS) is a recognised awarding organisation that provides accredited qualifications across various sectors. QLS ensures the courses it endorses meet high educational standards.



Health and Social Care Courses

These courses open the door to a rewarding career where you can make a real difference in people’s lives. Be equipped with the essential skills and knowledge to support the physical, emotional, and social well-being of others. You can aspire to work in healthcare, social services, or community support with the practical training and industry insights. Prepare for a fulfilling future.

Health and Social Care Courses

Level 2 Adult Social Care and Understanding Nutrition and Health (RQF) – Two Course Bundle

The Level 2 Adult Social Care and Understanding Nutrition and Health (RQF) – Two Course Bundle is designed for individuals looking to build a strong foundation in adult social care while gaining essential knowledge of nutrition and health. This course focuses on supporting individuals in care settings, safeguarding, promoting well-being, and the importance of nutrition in maintaining health. It is ideal for those aspiring to work in health and social care or looking to enhance their existing skills.

Career Prospects:

Care Assistant, Support Worker, Healthcare Assistant, Community Care Worker.

Benefits:

Provides essential knowledge for working in adult social care, enhances understanding of nutrition and its impact on health, improves employability in the health and social care sector, and supports progression to higher-level qualifications in care and healthcare services.

Prerequisites:

GCSE in English and Maths. Working, volunteering, or on practical placement.

Credits	Average Completion Time
50	24 Months

[View course](#)

Level 2 Adult Social Care and Supporting Individuals with Learning Disabilities (RQF) – Two Course Bundle

The Level 2 Adult Social Care and Supporting Individuals with Learning Disabilities (RQF) – Two Course Bundle is designed for individuals who wish to build foundational knowledge in adult social care while specialising in supporting those with learning disabilities. This course focuses on person-centred care, safeguarding, communication techniques, and promoting independence for individuals with learning disabilities. It is ideal for those seeking to work in health and social care or improve their skills in providing specialised support.

Career Prospects:

Support Worker, Care Assistant, Learning Disability Support Worker, Community Care Worker.

Benefits:

Develops essential skills in adult social care, enhances understanding of best practices for supporting individuals with learning disabilities, improves employability in the health and social care sector, and provides a pathway to further qualifications in care and specialist support roles.

Prerequisites:

GCSE in English and Maths. Working, volunteering, or on practical placement.

Credits	Average Completion Time
47	24 Months

[View course](#)

Level 2 Adult Social Care and Understanding Autism (RQF) – Two Course Bundle

The Level 2 Adult Social Care and Understanding Autism (RQF) – Two Course Bundle is designed for individuals who wish to gain foundational knowledge in adult social care while specialising in supporting individuals with autism. This course focuses on person-centred care, safeguarding, effective communication strategies, and understanding the characteristics and challenges of autism. It is ideal for those looking to work in health and social care or improve their ability to support individuals with autism.

Career Prospects:

Support Worker, Care Assistant, Autism Support Worker, Community Care Worker.

Benefits:

Provides essential skills for working in adult social care, enhances understanding of autism and best practices for support, improves career opportunities in the health and social care sector, and serves as a pathway to higher-level qualifications in specialist care and support roles.

Prerequisites:

GCSE in English and Maths. Working, volunteering, or on practical placement.

Credits	Average Completion Time
53	24 Months

[View course](#)

Level 2 Adult Social Care and Mental Health Awareness (RQF) – Two Course Bundle

The Level 2 Adult Social Care and Mental Health Awareness (RQF) – Two Course Bundle is designed for individuals seeking to develop foundational knowledge in adult social care while gaining a deeper understanding of mental health conditions and support strategies. This course focuses on person-centred care, safeguarding, communication techniques, and the impact of mental health conditions on individuals' well-being. It is ideal for those looking to work in health and social care or enhance their skills in supporting individuals with mental health needs.

Career Prospects:

Support Worker, Care Assistant, Autism Support Worker, Community Care Worker.

Benefits:

Develops key skills in adult social care, increases awareness of mental health conditions and support strategies, improves career prospects in the health and social care sector, and provides a pathway to further qualifications in mental health and specialist care roles.

Prerequisites:

Learners should have GCSE in English and Maths. Practical placement is required.

Credits	Average Completion Time
38	24 Months

View course

Level 2 Adult Social Care and Awareness of End of Life Care (RQF) – Two Course Bundle

The Level 2 Adult Social Care and Awareness of End of Life Care (RQF) – Two Course Bundle is designed for individuals seeking to develop foundational knowledge in adult social care while gaining essential understanding of end-of-life care principles. This course focuses on person-centred care, safeguarding, effective communication, supporting individuals and families during end-of-life care, and understanding bereavement and grief. It is ideal for those working or aspiring to work in health and social care settings in palliative and hospice care.

Career Prospects:

Care Assistant, Palliative Care Support Worker, End-of-Life Carer, Community Care Worker.

Benefits:

Provides essential skills for working in adult social care, enhances understanding of compassionate end-of-life care practices, improves employability in the health and social care sector, and serves as a pathway to further qualifications in palliative care and specialist support roles.

Prerequisites:

Learners should have GCSE in English and Maths. Practical placement is required.

Credits	Average Completion Time
38	24 Months

View course

Level 2 Adult Social Care and Awareness of Dementia (RQF) – Two Course Bundle

The Level 2 Adult Social Care and Awareness of Dementia (RQF) – Two Course Bundle is designed for individuals looking to build a strong foundation in adult social care while gaining specialised knowledge in dementia care. This course focuses on person-centred care, safeguarding, effective communication techniques, the impact of dementia on individuals and families, and best practices for supporting those living with dementia. It is ideal for those working or aspiring to work in health and social care settings in dementia care services.

Career Prospects:

Dementia Care Assistant, Support Worker, Community Care Worker, Residential Care Assistant.

Benefits:

Provides essential skills for working in adult social care, enhances understanding of dementia and effective support strategies, improves career prospects in the health and social care sector, and serves as a pathway to further qualifications in specialist dementia care.

Prerequisites:

Learners should have GCSE in English and Maths. Practical placement is required.

Credits	Average Completion Time
43	24 Months

View course

Level 2 Adult Social Care Certificate (RQF)

The Level 2 Adult Social Care Certificate (RQF) is designed for individuals looking to develop essential skills and knowledge for working in the adult social care sector. This course focuses on person-centred care, safeguarding, communication techniques, health and safety, and supporting individuals with different care needs. It is ideal for those new to the sector or looking to formalise their experience with a recognised qualification.

Career Prospects:

Care Assistant, Support Worker, Community Care Worker, Residential Care Assistant.

Benefits:

Provides a strong foundation in adult social care, enhances understanding of best practices for supporting individuals, improves employability in the health and social care sector, and serves as a pathway to higher-level qualifications in care and specialist support roles.

Prerequisites:

Age 19 and above. GCSE in English and Maths. working, volunteering, or on practical placement.

Credits	Average Completion Time
35	24 Months

View course

Level 5 Diploma in Leadership for Health and Social Care and Children and Young People's Services (RQF)

The Level 5 Diploma in Leadership for Health and Social Care and Children and Young People's Services (RQF) is designed for individuals aspiring to leadership roles within health and social care or children's services. This course focuses on leadership and management, safeguarding, professional development, person-centred care, and regulatory frameworks. It is ideal for experienced professionals looking to advance their careers and take on senior or managerial positions in care settings.

Career Prospects:

Care Manager, Children's Services Manager, Residential Care Manager, Health and Social Care Team Leader.

Benefits:

Develops leadership and management skills in health and social care settings, enhances understanding of policies and best practices, improves career progression opportunities in senior roles, and provides a recognised qualification for leadership in care services.

Prerequisites:

Age 19 and above. Level 3 or 4 qualification or above. Working in the role of a deputy manager or manager.

Credits	Average Completion Time
90	6-9 Months

View course

Level 3 Certificate in Understanding the Principles of Dementia Care (RQF)

The Level 3 Certificate in Understanding the Principles of Dementia Care (RQF) is designed for individuals seeking a deeper understanding of dementia and how to provide high-quality care and support to individuals living with the condition. This focuses on the causes and types of dementia, person-centred approaches, communication strategies, the impact on individuals and families, and best practices for care and intervention. It is ideal for those working in or aspiring to roles within health and social care settings, particularly in dementia care services.

Career Prospects:

Dementia Care Specialist, Senior Care Assistant, Support Worker, Residential Care Team Leader.

Benefits:

Enhances knowledge of dementia care principles, equips learners with effective strategies to support individuals with dementia, improves career progression opportunities in the health and social care sector, and provides a recognised qualification for those seeking specialised roles in dementia care.

Prerequisites:

Age 16 and above. Level 2 qualification.

Average Completion Time
4-6 Months

View course

Level 3 Certificate in Understanding the Care and Management of Diabetes (RQF)

The Level 3 Certificate in Understanding the Care and Management of Diabetes (RQF) is designed for individuals who wish to develop a detailed understanding of diabetes and its care requirements. This course focuses on the different types of diabetes, risk factors, symptoms, treatment options, and the role of lifestyle changes in managing the condition. It also covers the importance of person-centred care, communication with individuals with diabetes, and how to support them in managing their health. This qualification is ideal for healthcare professionals, support workers, and anyone working with individuals living with diabetes.

Career Prospects:

Diabetes Support Worker, Healthcare Assistant, Care Assistant, Community Health Worker.

Benefits:

Provides a complete understanding of diabetes and effective management techniques, improves the ability to support individuals living with diabetes, enhances career opportunities in health and social care, and provides a pathway to further specialised qualifications in diabetes care.

Prerequisites:

Age 16 and above. Level 2 qualification or equivalent.

Average Completion Time
4-6 Months

View course

Level 3 Certificate in Understanding Autism (RQF)

The Level 3 Certificate in Understanding Autism (RQF) is designed for individuals looking to gain a deeper understanding of autism and how to effectively support individuals on the autism spectrum. This course focuses on the characteristics of autism, the impact it can have on individuals and their families, communication strategies, and the importance of a person-centred approach to care. It is ideal for those working or aspiring to work in health, social care, and educational settings, particularly with individuals who have autism.Career Prospects: Autism Support Worker, Care Assistant, Special Education Assistant, Residential Care Worker.

Career Prospects:

Care Assistant, Support Worker, Community Care Worker, Residential Care Assistant.

Benefits:

Provides a complete understanding of autism and strategies for effective support, enhances the ability to provide tailored care to individuals with autism, improves career opportunities in health, social care, and education sectors, and offers a recognised qualification that can lead to further specialised study in autism care.

Prerequisites:

Age 16 and above. Level 2 qualification or equivalent.

Credits	Average Completion Time
65	4-6 Months

View course



Level 5 Diploma in Health and Social Care (RQF)

The Level 5 Diploma in Health and Social Care (RQF) is designed for individuals seeking to develop advanced skills in leadership and management within the health and social care sector. This course focuses on managing teams, ensuring quality service delivery, safeguarding, understanding policies, and promoting the well-being of individuals in care. It is ideal for those already working in health and social care who aspire to progress into senior management or leadership roles in the sector.

Career Prospects:

Care Manager, Service Manager, Health and Social Care Team Leader, Operations Manager in Care Services.

Benefits:

Equips learners with the necessary skills and knowledge to take on leadership roles, enhances the ability to manage care services, improves career progression opportunities within health and social care, and provides a nationally recognised qualification that supports continued professional development.

Prerequisites:

Age 18 and above. Level 4 qualification or equivalent international qualifications.

Credits	Average Completion Time
60	6-9 Months

View course



Level 7 Diploma in Healthcare Management (RQF)

The Level 7 Diploma in Healthcare Management (RQF) is designed for senior professionals looking to develop advanced management skills within the healthcare sector. This course focuses on strategic leadership, healthcare policy, governance, quality improvement, financial management, and organisational development. It is ideal for individuals working in or aspiring to senior management positions within healthcare organizations, including hospitals, clinics, and healthcare service providers.

Career Prospects:

Healthcare Manager, Operations Director, Clinical Services Manager, Healthcare Consultant, Head of Healthcare Services.

Benefits:

Develops high-level management and leadership skills for the healthcare sector, enhances understanding of strategic decision-making and healthcare policy, improves career prospects in senior healthcare management roles, and provides a recognised qualification that supports advancement to executive positions within healthcare organisations.

Prerequisites:

Age 19 and above. Level 6 qualification or equivalent international qualifications.

Credits	Average Completion Time
120	6-9 Months

View course



Level 7 Certificate in Healthcare Management (RQF)

The Level 7 Certificate in Healthcare Management (RQF) is designed for senior healthcare professionals looking to enhance their leadership and strategic management skills. This course focuses on healthcare governance, quality improvement, strategic leadership, and financial management. It is ideal for those in senior management roles within healthcare organisations or individuals aspiring to executive positions.

Career Prospects:

Healthcare Manager, Clinical Director, Healthcare Consultant, Operations Director.

Benefits:

Equips learners with high-level skills and knowledge in healthcare management, enhances career prospects in executive healthcare roles, provides a nationally recognised qualification that demonstrates leadership and strategic thinking in healthcare management.

Prerequisites:

Age 19 and above. A first degree or equivalent international qualifications.

Credits	Average Completion Time
30	6 Months

View course



Level 6 Diploma in Healthcare Management (RQF)

The Level 6 Diploma in Healthcare Management (RQF) is designed for professionals in healthcare management roles seeking to further develop their leadership and managerial skills. This course focuses on quality improvement, operational management, strategic planning, and healthcare policies. This qualification is ideal for those looking to advance into senior roles within healthcare settings.

Career Prospects:

Healthcare Manager, Service Delivery Manager, Clinical Operations Manager, Healthcare Project Manager.

Benefits:

Provides advanced management skills, enhances understanding of healthcare policies and operations, supports career progression into senior management roles, and offers a recognised qualification for leadership in healthcare organisations.

Prerequisites:

Age 19 and above. A Level 5 qualification or equivalent international qualifications.

Credits	Average Completion Time
120	6-9 Months

View course



Level 6 Certificate in Healthcare Management (RQF)

The Level 6 Certificate in Healthcare Management (RQF) is a focused qualification designed to enhance leadership and management skills in the healthcare sector. This course focuses on strategic management, healthcare quality, and improving service delivery, ideal for individuals in mid-senior management roles or those looking to take on leadership positions.

Career Prospects:

Healthcare Supervisor, Operations Manager, Healthcare Consultant, Department Manager.

Benefits:

Focuses on improving leadership skills, enhances career development in healthcare management, and provides a nationally recognised qualification for further advancement in healthcare leadership.

Prerequisites:

Age 19 and above. A Level 5 qualification or equivalent international qualifications.

Credits	Average Completion Time
25	4-6 Months

View course



Level 5 Extended Diploma in Management for Health and Social Care (RQF)

The Level 5 Extended Diploma in Management for Health and Social Care (RQF) is designed for individuals in managerial roles within health and social care settings who wish to develop further their leadership and management capabilities. This course focuses on strategic management, managing teams, safeguarding, quality improvement, and financial management. It is ideal for those working in or aspiring to managerial positions in the health and social care sector.

Career Prospects:

Care Home Manager, Service Manager, Health and Social Care Operations Manager, Social Services Team Leader.

Benefits:

Provides complete management skills specific to health and social care, improves career progression opportunities within the sector, and supports continued professional development in senior management roles.

Prerequisites:

Age 18 and above. A Level 4 qualification or equivalent international qualifications.

Credits	Average Completion Time
120	9 Months

View course



Level 5 Diploma in Management for Health and Social Care (RQF)

The Level 5 Diploma in Management for Health and Social Care (RQF) is suitable for individuals looking to enhance their management skills and advance their careers in health and social care. This course focuses on management theory, leadership, service improvement, and safeguarding, designed to equip learners with the skills needed for effective leadership in care services.

Career Prospects:

Health and Social Care Manager, Care Service Manager, Health Services Coordinator, Team Leader.

Benefits:

Develops core leadership and management skills in the context of health and social care, enhances understanding of service delivery, and provides a pathway to more senior roles within the sector.

Prerequisites:

Age 18 and above. A Level 4 qualification or equivalent international qualifications.

Credits	Average Completion Time
60	6 Months

View course



Level 5 Certificate in Management for Health and Social Care (RQF)

The Level 5 Certificate in Management for Health and Social Care (RQF) is designed to equip learners with the necessary skills to manage and lead teams within the health and social care environment. It covers leadership, quality assurance, managing teams, and safeguarding, providing learners with the essential skills to advance into senior management roles.

Career Prospects:

Senior Care Assistant, Care Manager, Healthcare Supervisor, Social Care Supervisor.

Benefits:

Enhances leadership and management skills in health and social care, improves career prospects in care services, and provides a nationally recognised qualification for further career progression.

Prerequisites:

Age 18 and above. A Level 4 qualification or equivalent international qualifications.

Credits	Average Completion Time
30	4-6 Months

View course



Level 4 Extended Diploma in Health and Social Care (RQF)

The Level 4 Extended Diploma in Health and Social Care (RQF) is designed for individuals looking to further develop their knowledge and skills in health and social care. This course focuses on person-centred care, management of health and social care services, safeguarding, and health and safety, making it suitable for those aiming to work in leadership or management roles.

Career Prospects:

Care Manager, Social Services Manager, Health Services Coordinator, Residential Care Manager.

Benefits:

Offers advanced knowledge of health and social care management, prepares learners for leadership roles, and provides a pathway to further qualifications and career progression within the sector.

Prerequisites:

Age 18 and above. A Level 3 qualification or equivalent international qualifications.

Credits	Average Completion Time
120	6 Months

View course



ATHE Level 4 Diploma in Management for Health and Social Care (RQF)

The Level 4 Diploma in Management for Health and Social Care (RQF) is designed for individuals working in or aspiring to management positions within the health and social care sector. This course covers leadership, managing care teams, quality assurance, and operational management, with a focus on enhancing skills in managing people and services.

Career Prospects:

Senior Care Manager, Care Service Team Leader, Health and Social Care Coordinator, Social Care Manager.

Benefits:

Develops key managerial skills for the health and social care sector, prepares individuals for senior roles in management, and provides a recognized qualification that can lead to further study or career progression in the sector.

Prerequisites:

Age 18 and above. A Level 3 qualification or equivalent international qualifications.

Credits	Average Completion Time
60	4-6 Months

View course



ATHE Level 3 Diploma in Health and Social Care (RQF)

The Level 3 Diploma in Health and Social Care (RQF) is designed for individuals who wish to start or further their career in health and social care. This course covers communication, person-centred care, safeguarding, and supporting individuals with a variety of care needs. It is ideal for individuals working or aspiring to work in a care setting.

Career Prospects:

Care Assistant, Healthcare Support Worker, Social Care Worker, Personal Support Worker.

Benefits:

Provides essential knowledge and skills to work in health and social care, improves employability in entry-level roles, and lays the foundation for further career development within the sector.

Prerequisites:

Age 16 and above. 5 or more GCSEs at grades C, other Level 2 subjects, or equivalent international qualifications.

Average Completion Time
6 Months

View course

Level 3 Extended Diploma in Health and Social Care (RQF)

The Level 3 Extended Diploma in Health and Social Care (RQF) offers a comprehensive qualification for individuals looking to work in health and social care roles. The course covers health and safety, safeguarding, person-centred approaches, and supporting individuals with specific needs. This qualification is ideal for those seeking to enter the health and social care workforce or pursue further study in the field.

Career Prospects:

Care Worker, Healthcare Assistant, Social Care Worker, Personal Support Worker.

Benefits:

Provides foundational skills and knowledge for working in health and social care, supports career development within the sector, and offers a pathway to further qualifications or higher-level roles in care settings.

Prerequisites:

Age 16 and above. 5 or more GCSEs at grades C, other Level 2 subjects, or equivalent international qualifications.

Average Completion Time
6 Months

View course

The Level 3 Certificate in Understanding Mental Health (RQF)

The Level 3 Certificate in Understanding Mental Health (RQF) is designed for individuals who want to gain a deeper understanding of mental health conditions and support strategies. This course focuses on the impact of mental health on individuals and society, covering topics such as anxiety, depression, and psychosis.

Career Prospects:

Mental Health Support Worker, Social Care Assistant, Healthcare Assistant, Community Support Worker.

Benefits:

Provides essential knowledge for working with individuals experiencing mental health challenges, supports career progression in health and social care, and enhances understanding of mental health issues.

Prerequisites:

Age 16 and above. Level 2 qualification.

Average Completion Time
4-6 Months

View course

Level 5 Diploma in Leadership and Management for Adult Care (RQF)

The Level 5 Diploma in Leadership and Management for Adult Care (RQF) is designed for professionals in leadership roles within adult care settings. This course focuses on managing services, leading teams, safeguarding, and ensuring the delivery of high-quality care.

Career Prospects:

Care Home Manager, Adult Care Manager, Service Manager, Operations Manager in Adult Social Care.

Benefits:

Develops leadership and management skills in adult care, supports career advancement to senior management roles, and meets the requirements for CQC-registered manager positions.

Prerequisites:

Age 19 and above. Level 3 or 4 qualification or above. Working in the role of a deputy manager or manager.

Credits	Average Completion Time
95	6-9 Months

View course

Level 4 Diploma in Adult Care (RQF)

The Level 4 Diploma in Adult Care (RQF) is designed for individuals working in or aspiring to senior positions within adult care. This course focuses on supervision, safeguarding, compliance, and delivering high-quality care.

Career Prospects:

Senior Care Worker, Support Supervisor, Team Leader in Adult Care, Care Coordinator.

Benefits:

Enhances leadership and supervisory skills, prepares learners for management positions in adult care, and provides in-depth knowledge of care practices and regulations.

Prerequisites:

Age 18 and above. Level 2 functional skills in English and Maths. Working, volunteering, or on practical placement.

Credits	Average Completion Time
70	6 Months

View course

Level 3 Certificate in Preparing to Work in Adult Social Care (RQF)

The Level 3 Certificate in Preparing to Work in Adult Social Care (RQF) is designed for individuals looking to enter or progress within the adult social care sector. This course focuses on communication, safeguarding, duty of care, and person-centered approaches.

Career Prospects:

Care Assistant, Support Worker, Healthcare Assistant, Residential Care Worker.

Benefits:

Prepares individuals for entry-level roles in adult social care, covers essential knowledge needed to work in care settings, and serves as a foundation for higher-level qualifications.

Prerequisites:

Age 16 and above. GCSE in English and Maths.

Credits	Average Completion Time
21	4-6 Months

View course

Level 3 Diploma in Counselling Skills (RQF)

The Level 3 Diploma in Counselling Skills (RQF) is designed for individuals seeking to develop foundational counselling skills to support people in need. This course focuses on communication techniques, counselling theories, and ethical considerations.

Career Prospects:

Counselling Support Worker, Mental Health Support Assistant, Family Support Worker, Health and Well-being Coach.

Benefits:

Develops key counselling skills for working in support roles, enhances communication and listening abilities, and provides a foundation for further study in professional counselling.

Prerequisites:

Age 16 and above. GCSE in English and Maths. Level 2 qualification or equivalent.

Credits	Average Completion Time
40	6 Months

View course

Level 3 Diploma in Adult Care (RQF)

The Level 3 Diploma in Adult Care (RQF) is designed for individuals working in the adult care sector who wish to progress into senior roles. This course focuses on safeguarding, personal development, and planning care and support.

Career Prospects:

Senior Care Assistant, Adult Support Worker, Key Worker in Care Homes, Home Care Supervisor.

Benefits:

Provides in-depth knowledge of working in adult care, supports career progression into supervisory roles, and is a recognised qualification for adult care professionals.

Prerequisites:

Age 16 and above. GCSE in English and Maths. Level 2 qualification or equivalent. Volunteering, working, or on practical placement.

Credits	Average Completion Time
58	6 Months

View course



Level 3 Certificate in Health and Social Care (RQF)

The Level 3 Certificate in Health and Social Care (RQF) is designed for individuals who want to gain a solid foundation in health and social care practices. This course focuses on supporting individuals, maintaining safety, and understanding professional responsibilities.

Career Prospects:

Healthcare Assistant, Support Worker, Care Coordinator, Residential Care Worker.

Benefits:

Develops core knowledge for working in health and social care, supports career progression in care roles, and provides a recognised qualification for further study.

Prerequisites:

Age 16 and above. GCSE in English and Maths. Level 2 qualification or equivalent. practical placement in a real work environment.

Average Completion Time
4-6 Months

View course

Level 2 Certificate in Understanding Nutrition and Health (RQF)

The Level 2 Certificate in Understanding Nutrition and Health is designed for individuals who want to expand their knowledge of healthy eating, dietary requirements, and the role of nutrition in well-being.

Career Prospects:

Health and Well-being Coach, Nutrition Advisor, Community Support Worker, Care Assistant.

Benefits:

Provides fundamental knowledge of nutrition and health, enhances career prospects in health-related fields, and promotes awareness of healthy lifestyle choices.

Prerequisites:

Age 14 and above. No formal requirements to enrol for this course.

Credits	Average Completion Time
15	4-6 Months

View course

Level 2 Certificate in Understanding Dignity and Safeguarding in Adult Health and Social Care (RQF)

The Level 2 Certificate in Understanding Dignity and Safeguarding in Adult Health and Social Care is designed for individuals working in or aspiring to work in adult care settings. This course focuses on the principles of dignity, safeguarding, and best practices in care.

Career Prospects:

Care Assistant, Support Worker, Social Care Assistant, Healthcare Assistant.

Benefits:

Enhances understanding of dignity and safeguarding in care, supports compliance with care regulations, and provides essential skills for working in adult social care.

Prerequisites:

Age 16 and above. No formal requirements to enrol for this course.

Credits	Average Completion Time
16	4 Months

View course

Level 2 Certificate in Counselling Skills (RQF)

The Level 2 Certificate in Counselling Skills is designed for individuals who want to develop basic counselling skills for use in care, support, and well-being roles. This course focuses on effective communication, active listening, and ethical considerations.

Career Prospects:

Support Worker, Mental Health Assistant, Community Support Worker, Healthcare Assistant.

Benefits:

Introduces key counselling techniques, supports career development in care and support roles, and provides a foundation for further study in counselling and mental health.

Prerequisites:

Age 16 and above. No formal requirements to enrol for this course.

Credits	Average Completion Time
16	4 Months

View course

Level 3 Award in Counselling Skills and Theory (RQF)

The Level 3 Award in Counselling Skills and Theory provides in-depth knowledge and understanding of counselling principles. It is ideal for individuals who wish to pursue a career in counselling or those working in helping professions. This course explores key counselling theories, ethical practices, and how to effectively apply counselling skills in practice.

Career Prospects:

Counsellor, Support Worker, Mental Health Practitioner, Healthcare Assistant.

Benefits:

Develops theoretical knowledge and practical skills in counselling, enhances employability in helping roles, and provides a foundation for further counselling qualifications.

Prerequisites:

Age 16 and above. No formal requirements to enrol for this course.

Credits	Average Completion Time
12	2-4 Months

View course

Level 3 Award in Supporting Individuals with Learning Disabilities (RQF)

The Level 3 Award in Supporting Individuals with Learning Disabilities focuses on developing the skills and knowledge required to support individuals with learning disabilities. It covers communication, rights, and inclusion, as well as support strategies tailored to individual needs.

Career Prospects:

Learning Disability Support Worker, Care Assistant, Healthcare Support Worker.

Benefits:

Provides specialised knowledge in supporting individuals with learning disabilities, enhances understanding of care practices, and supports career progression in social care.

Prerequisites:

Age 16 and above. Working, volunteering, or on practical placement.

Credits	Average Completion Time
13	2-4 Months

View course

Level 2 Award in the Prevention and Control of Infection (RQF)

The Level 2 Award in the Prevention and Control of Infection covers the key principles of infection control, including infection risks, prevention techniques, and health and safety practices. It is suitable for anyone working in health and social care settings.

Career Prospects:

Healthcare Assistant, Care Worker, Infection Control Officer.

Benefits:

Equips learners with essential infection control knowledge, promotes safer work environments, and meets regulatory requirements for infection prevention in care roles.

Prerequisites:

Age 14 and above. No formal requirements to enrol for this course.

Credits	Average Completion Time
7	2-4 Months

View course

Level 2 Award in Food Safety in Health and Social Care and Early Years and Childcare Settings

The Level 2 Award in Food Safety in Health and Social Care and Early Years and Childcare Settings focuses on safe food handling and hygiene practices, which are essential in health, social care, and childcare environments. This course covers food safety laws, handling techniques, and prevention of foodborne illnesses.

Career Prospects:

Childcare Assistant, Healthcare Assistant, Food Safety Supervisor.

Benefits:

Provides essential food safety knowledge for professionals working with vulnerable groups, improves food hygiene standards, and supports regulatory compliance in care settings.

Prerequisites:

Age 14 and above. No formal requirements to enrol for this course.

Credits	Average Completion Time
2	2-4 Months

View course

Level 2 Certificate in Understanding Safeguarding and Prevent

The Level 2 Certificate in Understanding Safeguarding and Prevent qualification provides learners with an understanding of safeguarding and the Prevent Duty, emphasising the importance of protecting vulnerable individuals in various settings. It covers safeguarding principles, identifying concerns, and responding to potential risks.

Career Prospects:

Support Worker, Care Assistant, Social Worker, Safeguarding Officer.

Benefits:

Enhances safeguarding awareness, provides essential knowledge to work safely with vulnerable individuals, and supports compliance with safeguarding regulations.

Prerequisites:

Age 18 and above. No formal requirements to enrol for this course.

Average Completion Time
4 Months

View course

Level 2 Certificate in Understanding Mental Health First Aid and Mental Health Advocacy in the Workplace

The Level 2 Certificate in Understanding Mental Health First Aid and Mental Health Advocacy in the Workplace is designed to provide a solid understanding of mental health first aid and advocacy in the workplace. It covers identifying mental health issues, offering appropriate support, and advocating for individuals with mental health challenges.

Career Prospects:

Mental Health Support Worker, HR Advisor, Employee Welfare Officer.

Benefits:

Develops skills in mental health first aid, enhances workplace support practices, and promotes a more supportive work environment.

Prerequisites:

Age 16 and above. No formal requirements to enrol for this course.

Average Completion Time
4 Months

View course

Level 2 Award in Awareness of End of Life Care

The Level 2 Award in Awareness of End of Life Care introduces learners to the principles and practices of providing care at the end of life. It covers communication, support strategies, and legal and ethical considerations in end-of-life care.

Career Prospects:

Palliative Care Assistant, End of Life Care Worker, Healthcare Assistant.

Benefits:

Provides valuable knowledge for professionals working with individuals at the end of life, enhances understanding of sensitive care practices, and supports emotional and practical needs in palliative care.

Prerequisites:

Age 16 and above. No formal requirements to enrol for this course.

Credits	Average Completion Time
3	2-4 Months

View course

Level 3 Award in Awareness of Dementia

The Level 3 Award in Awareness of Dementia This qualification provides an understanding of dementia, including its causes, symptoms, and impact on individuals. It covers person-centred care approaches and practical strategies for supporting individuals with dementia.

Career Prospects:

Dementia Care Worker, Healthcare Assistant, Support Worker.

Benefits:

Develops expertise in dementia care, provides skills to improve quality of life for individuals with dementia, and enhances career opportunities in social care.

Prerequisites:

Age 16 and above. No formal requirements to enrol for this course.

Credits	Average Completion Time
11	2-4 Months

View course

Health and Social Care Courses

Level 4 Certificate in Understanding Anatomy, Physiology and Pathology (RQF)

This Level 4 Certificate offers you a thorough understanding of anatomy, physiology, and pathology. It is ideal if you are considering a career in healthcare. The course explores how the body is structured, how it functions, and what happens when disease occurs. You will gain a recognised qualification, enhance your skills, and study at your own pace without exams or strict deadlines.

Career Prospects:

Nurses, Physiotherapists, Paramedics, Personal Trainers, Fitness Experts, Therapists, Healthcare Professionals

Benefits:

This certificate focusing on the principles of physiology can open doors to relevant memberships within professional bodies in the health and fitness sectors. It can also serve as a stepping stone to higher education qualifications in areas like sports science, nursing, or healthcare.

Prerequisites:

Learners should be over the age of 18. It is recommended learners have a Level 2 qualification in literacy, ICT, and numeracy or equivalent. Have adequate reading and writing skills in English.

Average Completion Time
4-6 Months

View course

Level 3 Diploma in Healthcare Support Work (RQF)

This Level 3 Diploma in Healthcare Support Work offers a comprehensive introduction to the sector. This Ofqual-regulated qualification equips individuals with essential skills and confidence for a rewarding healthcare career. The diploma provides an understanding of delivering daily, holistic, therapeutic, and clinical care under supervision. Learners can choose pathways including adult nursing, maternity, and mental health support.

Career Prospects:

Nurses, Physiotherapists, Paramedics, Personal Trainers, Fitness Experts, Therapists, Healthcare Professionals

Benefits:

Completing the Level 3 Diploma in Healthcare Support Work (RQF) provides a nationally recognised qualification, enhancing your career prospects within the healthcare sector. This diploma can also facilitate entry into higher education programmes at universities. Furthermore, it equips individuals with essential skills for various healthcare roles, including potential membership with professional bodies.

Prerequisites:

Learners should be over the age of 16. It is recommended learners have a Level 2 qualification in literacy, ICT, and numeracy or equivalent. Have adequate reading and writing skills in English.

Credits	Average Completion Time
83	6-9 Months

View course

Level 6 Diploma in Health Care and Nutritional Therapy (RQF)

Expand professional horizons with this Level 6 Diploma in Health Care and Nutritional Therapy. This programme develops skills to identify imbalances and broadens understanding of nutritional therapy and healthcare through diet and exercise. Key features encompass comprehensive training in clinical nutrition and evidence-based therapeutic approaches, positioning individuals to contribute to the evolving healthcare sector and enhance patient outcomes.

Career Prospects:

Alternative Medicine Practitioners, Nutritionists, Public Health Workers, Dietitians, Nutritional Therapists, Wellness Experts, Healthcare Professionals, Health & Wellness Coaches, Fitness Trainers

Benefits:

This applied nutrition course offers numerous benefits. Upon completion, individuals can pursue roles as nutritionists or nutritional therapists. The comprehensive knowledge gained supports potential membership in professional bodies. This diploma can also serve as a strong foundation for further studies in healthcare or related disciplines.

Prerequisites:

You need to be over 18 with a Level 4 or 5 qualification (or equivalent), and ideally a Level 2 in literacy, ICT, and numeracy, plus intermediate English skills.

Credits	Average Completion Time
37	6-9 Months

View course

Level 3 Certificate in the Principles of End of Life Care (RQF)

Palliative care focuses on enhancing the quality of life for individuals nearing the end of their lives. This Level 3 Certificate in the Principles of End-of-Life Care is an Ofqual-regulated qualification for those dedicated to supporting vulnerable people. This certificate is worth 16 UCAS points and offers a stepping stone to higher-level qualifications.

Career Prospects:

Healthcare Assistants, Medical Professionals, Hospice Workers, Care Workers, Care Support Workers, Adult Care Workers, Care Home Staff

Benefits:

This end-of-life care course equips you with essential knowledge, from understanding different attitudes to death to mastering person-centred care. You will develop vital communication skills and learn about support services, enhancing your career prospects in healthcare and potentially leading to further education or specialist memberships.

Prerequisites:

For this knowledge-only qualification, you need to be over 16 with intermediate English literacy, ideally also having a GCSE in English and Maths or a Level 2 qualification.

Credits	Average Completion Time
17	4-6 Months

View course

Level 5 Diploma in Assistant Healthcare Practitioner (RQF)

This Level 5 Diploma in Assistant Healthcare Practitioner offers a path to healthcare excellence. Aspiring professionals can gain an Ofqual-regulated qualification to enhance their careers within the healthcare sector. The programme develops foundational knowledge and practical skills, bridging the gap between healthcare assistants and registered practitioners. Individuals will be well-prepared to undertake complex responsibilities and deliver high-quality patient care alongside medical staff.

Career Prospects:

Assistant Healthcare Practitioners, Senior Healthcare Support Workers, Healthcare Workers,

Benefits:

This Assistant Healthcare Practitioner qualification offers numerous benefits. It can provide a strong foundation for career advancement within the healthcare sector. The knowledge and skills gained may support progression to higher education programmes in healthcare fields.

Prerequisites:

To enrol, you should be over 18 and have intermediate English literacy, along with a Level 3 qualification in healthcare or equivalent, and ideally a Level 2 qualification in English, ICT, and numeracy or equivalent.

Credits	Average Completion Time
380	6-9 Months

View course



Diploma in Modern Disinfection at QLS Level 4

The Diploma in Modern Disinfection at QLS Level 4 provides advanced knowledge and skills in infection prevention and control, with a focus on modern disinfection techniques used in healthcare and other environments.

Career Prospects:

Infection Control Specialist, Disinfection Consultant, Health and Safety Officer.

Benefits:

Offers specialised expertise in infection control, enhances career opportunities in healthcare and safety, and provides knowledge of the latest disinfection practices.

Prerequisites:

Age 19 and above. A Level 3 qualification or above in any discipline.

Average Completion Time
6 Months

View course



Diploma in Disinfection Basics at QLS Level 3

The Diploma in Disinfection Basics at QLS Level 3 covers the core principles of disinfection, including the importance of hygiene, infection prevention, and effective cleaning practices in various settings.

Career Prospects:

Disinfection Technician, Health and Safety Officer, Cleaning Supervisor.

Benefits:

Provides essential knowledge of infection control and disinfection, supports career progression in safety and healthcare, and enhances hygiene practices in the workplace.

Prerequisites:

Age 19 and above. A Level 2 qualification or above in any discipline.

Average Completion Time
6 Months

View course



Diploma in Counselling Skills at QLS Level 2

The Diploma in Counselling Skills at QLS Level 2 offers an introduction to basic counselling skills, focusing on communication, empathy, and the foundation of effective listening. This qualification is ideal for those looking to start a career in counselling or related fields.

Career Prospects:

Support Worker, Care Worker, Counselling Assistant.

Benefits:

Develops essential counselling skills, enhances communication abilities, and supports entry into the counselling profession or other helping roles.

Prerequisites:

Age 19 and above. basic understanding of Maths, English, and ICT.

Average Completion Time
6 Months

View course



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